

COVID-19 Stay At Home Health Advisory

Issued: November 24, 2020

Ends: December 22, 2020

**WHEREAS**, Trumbull County is experiencing a rapid increase in COVID-19 cases from a seven-day average of 195 per week to 1,031 per week within the last 3 weeks; and

**WHEREAS**, Trumbull County has had a total case count of 4,806 since this pandemic started, with 2,329 of those cases within the last 3 weeks, which means 48.5% of Trumbull County's total cases have occurred in the last 3 weeks; and

**WHEREAS** the number of hospitalizations have increased and hospitals are near capacity; and

**WHEREAS**, positivity rate has increased from 2.7% to 11.5% within the last 4 weeks; and

**WHEREAS**, additional guidance, advisement, warning and intervention is warranted to mitigate case growth and preserve hospital capacity; and

**WHEREAS**, it is more important than ever to follow guidance from local, state, and federal officials on how to stop and slow the spread of the COVID-19 disease; and

**WHEREAS**, taking the steps listed below is critical to preventing the spread of the virus, protecting the lives of you and your loved ones, and preserving our acute and other healthcare services and capacity; and

**WHEREAS**, the health commissioner shall keep the public informed in regard to all matters affecting the health of the district.

**THEREFORE, BE IT RESOLVED**

The Trumbull County Board of Health hereby states the following:

**Section 1. Stay-at-Home Advisory**

Beginning on Wednesday, November 24, 2020, the Commissioner of Health for the County of Trumbull advises all residents to stay at home to the greatest extent possible due to the rapid rise of COVID-19 cases and hospitalizations in the county. Residents are advised to only leave home to go to work or school (depending upon the status of the institution), or for essential needs such as seeking medical care, going to the grocery store or pharmacy, picking up food, or receiving deliveries.

Additionally, residents are strongly advised to:

- a) Avoid traveling in and out of the state, except for work purposes; and
- b) Forgo having guests in their homes during the upcoming holiday season.

This advisory shall remain in place for two consecutive incubation periods of the SARS-CoV-2 virus (28 days), or until such time as the Trumbull County Combined Health District determines a change to the guidance is appropriate.

## **Section 2. Adherence to All Current Orders**

All orders set forth by Governor R. Michael DeWine, the Ohio Department of Health, Trumbull County, and the municipalities shall continue to be enforced and adhered to by all residents.

## **Section 3. Advisory on Indoor and Outdoor Meetings and Social Events**

All residents are advised to limit all mass gatherings and social events of all types to no more than 10 persons, while also following the social distancing and facial covering guidelines.

## **Section 4. Private Gatherings**

Residents are strongly advised to not have any indoor gatherings with guests in their homes unless they are essential workers (e.g. plumbing, heating, electrical).

## **Section 5. Response to Illness and Exposure – Isolation and Quarantine**

Residents that are exhibiting any signs and symptoms of COVID-19 must shelter in their place of residence. They shall not go to their workplace or congregate setting, and shall only leave their place of residence to seek necessary clinical care, or for essential life sustaining needs, such as obtaining medicine or food.

COVID-19 symptoms include, but are not limited to, new onset of fever, cough, shortness of breath, congestion or runny nose, sore throat, new loss of taste or smell, body aches, or unusual fatigue.

Residents diagnosed with COVID-19 by a laboratory test of their medical provider must isolate for 10 days from the date of their symptom onset, or from the date of test collection (until you are not experiencing symptoms). In the home, sick or infected individuals should separate themselves from others by staying in a specific “sick room” or area, and use a separate bathroom, if available.

Residents that have been identified as a contact to an individual diagnosed with COVID-19 should quarantine for one full incubation period (14 days) from the date of last contact. Individuals in quarantine should stay home, separate from others, monitor their health, and follow all instructions from their local health department.

Residents who are either confirmed positive or a close contact should not wait to hear from the health department and immediately follow the guidance as described. Information about isolation and quarantine can be found on the website of the health departments.

**Section 6: Employers and Schools**

Employers are strongly encouraged to identify and accommodate as many employees as possible to work from home during this time. All businesses and local governments are advised to transition as many transactions and functions as possible to online.

Public and private K-12 schools are advised to convert to remote learning for the remainder of the calendar year, and sports should be paused (including competition & scrimmages), with skill training only to take place (competition & scrimmages between different schools and/or teams is not considered skill training), to limit exposure.

Developmental Disabilities agencies are advised to close all in-person adult day services/programs, including non-medical transportation services during the duration of this stay at home advisory. Individuals with disabilities residing in group homes should shelter in place during the stay at home advisory, and only leave the home for essential services.

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Frank Migliozi, MPH, REHS/RS  
Health Commissioner & Secretary  
Trumbull County Board of Health

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Robert Biery, Jr.  
President  
Trumbull County Board of Health