



MARCH | 2022

Fairhaven School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	1 Pancakes & Syrup Apple Juice Fresh Apple Milk	2 Cheerios Cereal Cheese Stick Orange Juice Strawberry Cup Milk	3 Blueberry Muffin Cheese Stick Grape Juice Fresh Orange Milk	4 Waffles & Syrup Apple Juice Peach Cup Milk
7 Assorted Cereal Fruit Juice Mixed Berry Cup Milk	8 Yogurt & Granola Apple Juice Fresh Apple Milk	9 Lucky Charms Cereal Orange Juice Peach Cup Cheese Stick	10 NO STUDENTS 	11 NO STUDENTS 
14 Kix Cereal Fruit Juice Craisins Cheese Stick Milk	15 Pancakes & Syrup Apple Juice Fresh Apple Milk	16 Cheerios Cereal Cheese Stick Orange Juice Dried Apple Chips Milk	17 Blueberry Muffin Cheese Stick Grape Juice Fresh Orange Milk	18 Waffles & Syrup Apple Juice Applesauce Cup Milk
21 Apple Jacks Cereal Fruit Juice Peach Cup Cheese Stick Milk	22 Yogurt & Granola Apple Juice Fresh Apple Milk	23 Lucky Charms Cereal Orange Juice Peach Cup Cheese Stick	24 Banana Bar Grape Juice Fresh Orange Milk	25 French Toast & Syrup Apple Juice Applesauce Cheese Stick Milk
28 Kix Cereal Fruit Juice Craisins Cheese Stick Milk	29 Pancakes & Syrup Apple Juice Fresh Apple Milk	30 Cheerios Cereal Cheese Stick Orange Juice Dried Apple Chips Milk	31 Blueberry Muffin Cheese Stick Grape Juice Fresh Orange Milk	1 

News

All meals are served with milk. Menu is subject to change without notice.



Eat a rainbow of vegetables & fruits each day.

Let your kids be “produce pickers.” Let them pick out fruits and veggies at the store.

Vegetables & fruits are low in fat and calories, while providing fiber and other key nutrients.

Besides color vegetables & fruits can also add flavor and texture.

Explore creative ways to bring healthy foods to your table at myplate.gov.



This institution is an equal opportunity provider.